

Preserving privacy during washing and dressing

- **Environment suitable and well prepared**
 - All the resources and equipment needed are to hand.
 - The environment has been prepared (e.g. privacy, temperature, hygiene, privacy notice on door).
- **Personalised support**
 - The CYP's protocols, procedures, preferred routines and related learning targets are known.
 - Staff know how to make the CYP as comfortable as possible throughout.
 - CYP changed into own clothing, which is comfortable in all positions (e.g. sitting, standing, lying) and appropriate to CYP body shape, easy to take on and off; appropriate to the CYP's preferences.
 - Following changing, the CYP is left comfortable and engaged in their next activity.
- **Communication**
 - The CYP has had accessible information about what is happening, understands it and has had time to take it in.
 - Any communication support needed during the process is available and to hand.
 - CYP is at the centre of respectful and empowering interaction with staff throughout (e.g. meaningfully included, not talked over).
- **Safeguarding, privacy and dignity**
 - Other staff have been discretely informed of what is happening.
 - If needed, a helper is available to support lifting and handling.
 - Maximum possible privacy for the CYP is ensured (e.g. privacy notice on door).
 - Strategies are in place so the CYP is exposed as little as possible (e.g. covering with a dry, clean towel for modesty when possible).
 - Interruptions kept to a minimum; if unavoidable, knocking for permission to enter.
- **Participation**
 - CYP is encouraged to increase independence in line with protocols and learning targets.
 - The environment is tidied afterwards – involving the CYP if appropriate.

(Adapted from Royal College of Nursing, 2008)