

Dressing and undressing protocol

The Highland Council (2009), in their 'Intimate care for children and young people: policy and guidance', suggest the following:

- Ensure privacy before procedure.
- Remove clothing from lower body first.
- Put on swimming costume/or wash as required.
- Ensure lower regions are covered before removing garments from upper body.
- Encourage pupil to assist whatever way possible.
- Refer to moving and handling procedure for safe movement of pupil and safety of staff.
- Refer to swimming pool procedures for further information.